

Sports Car Driving Association, LLC Classroom Overview

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GREEN RUN GROUP : Novice

- Explanation of Flags
- Why we drive on the line.
- Dangers of early apexing- if you have to tighten your steering past the apex, then you turned too early...
- Exiting the Pit Lane
- Keep eyes Up and avoid Follow the Leader!
- Basic Vehicle Dynamics... wide radius, oversteer vs. understeer
- Explanation of Terms to remember : Turn In, Apex , Track Out “connect the dots”
- Review of PASSING ZONES and POINT BYE ETIQUETTE
- How to handle “dropping wheels”, and what to do in the event of a spin.

BLUE RUN GROUP : Intermediate 1

WHITE RUN GROUP : Intermediate 2

- Proper procedure for Getting Through a corner step by step
- Smooth Downshifts, Heel and Toe
- Increasing Braking Levels and being smooth under Threshold Braking
- Basic Line Discussion
- Passing Situations – POINT BYE ETIQUETTE
- Vehicle Dynamics
- Common track specific problem areas, and how to avoid them.

RED RUN GROUP : Advanced

- Driving Off Line
- Passing Techniques/ Setting up a Pass
- Rain Driving and Rain Line Talk
- Competition Questions / Strategy

Ian Prout was introduced to high performance driving when he attended his first BMW CCA Drivers School in 1989. He began in the novice run group in a 1978 BMW 320i. Since then, he has been actively racing and instructing, winning 8 Sports Car Club of America Championships in the Improved Touring, Formula Ford, Formula Continental, and Spec Racer Ford Categories, with wins at Lime Rock, NHMS, Watkins Glen, and Pocono. Ian is the founder of the Sports Car Driving Association , LLC and also works as a freelance automotive marketing specialist.